

# RYAN T. CHRISTENSEN DO

## TRAINING & EDUCATION

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- McLaren Oakland Hospital (Pontiac, MI) | Family Medicine / Emergency Medicine Residency July 2012 – June 2017
- Internship & Combined Residency at McLaren Oakland (Formerly Pontiac Osteopathic Hospital)
  - Chief Resident, McLaren Oakland Family Medicine, 2014-2015
- A.T Still University- School of Osteopathic Medicine in Arizona (Mesa, AZ) | Doctor of Osteopathic Medicine 2008 – 2012
- 2012 Outstanding Medical Student, HealthPoint Community Health Center Regional Campus, Renton, WA
  - Sigma Sigma Phi- Upsilon Chapter
  - SOMA Student Ambassador, 2009-2012
- St. Olaf College (Northfield, MN) | Bachelor of Arts in Music/Biomedical Studies, *cum laude* 2003 – 2007
- Vocal Physiology Independent Study- collaborating with the Music and Biology departments and a physician alumnus practicing performing arts medicine to compile vocal health guidelines for vocal music students and choirs, Spring 2007
  - Healthcare in Norway Interim Course- Study abroad course using culturally competent model of care to contrast the US and Norwegian healthcare systems, January 2006
  - Member, St. Olaf Choir

## LICENSURE AND CERTIFICATION

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- Board Certified, Family Medicine & OMT (AOBFP)
- Board Eligible, Emergency Medicine (AOBEM) Written exam passed, Oral board pending 2023
- MI Osteopathic Physician: 5101019999 MI Controlled Substance: 5315061356 NPI: 1992069819 Current DEA
- Instructor Certifications: ACLS (4/2017-4/2019), PALS (2016-2018), BLS American Heart Association (2014-2018)
- Former NREMT-B- Nationally Registered Emergency Medical Technician, Basic, 2003 - 2011

## HONORS AND AWARDS

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- Clinical Assistant Professor, Michigan State University College of Osteopathic Medicine, 2019-2025
- Training in Policy Studies (TIPS) Health Policy Fellow, American Osteopathic Association, 2016-2017
- Futures Leader's Conference, American College of Osteopathic Family Physicians, Washington, DC, January 2015
- Chief Resident, McLaren Oakland Family Medicine, 2014-2015
- Outstanding Medical Student, HealthPoint Community Health Center Regional Campus, Renton, WA, 2012
- Inducted Member, Sigma Sigma Phi- Upsilon Chapter- National Osteopathic Honor Society, 2011
- Dean's List, St. Olaf College, 2007
- Hugh O'Brien Youth Leadership (HOBY) World Leadership Congress- MT State Representative, July 2000
- National Youth Leadership Forum on Medicine Participant, Georgetown University, June 2000

## LEADERSHIP

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- President | Oakland County Osteopathic Medical Association, 2020-2021
- Church Council Member & Communications Chair | Christ Lutheran Church, Waterford, MI 2021-2022
- President | Macomb County Osteopathic Medical Association, 2018-2019
- Board Member | Oakland County Osteopathic Medical Association, 2016-2022
- Medical Advisory Board Chair | Save1Heart Medical Device & Cardiac Diagnostics Firm, www.save1heart.com, 2009-2019
- Resident Trustee and Membership Department Chair | Michigan Osteopathic Association, 2015-2016
- Chair | ATSU-School of Medicine in Arizona Alumni Board, 2015-2016
- Co-Chair | ATSU-School of Medicine in Arizona Alumni Board, 2013-2015
- Vice Chair, Council of Interns and Residents | Michigan Osteopathic Association, 2014-2015
- Resident Board Member | Oakland County Osteopathic Medical Association, 2013-2015
- DO Advisory Board & National Osteopathic Interest Group Chair | American Medical Student Association, 2011-2012
- Director and Secretary | Priority Infrastructure- a 501-c not-for-profit organization focusing on increasing awareness and advocacy for the human infrastructure in the helping professions, 2009-2011
- VP of Outreach | ATSU-SOMA student chapter of the American Medical Student Association-AMSA, 2009-2010
- Vice President | ATSU-SOMA student chapter of American College of Osteopathic Emergency Physicians (2008 – 2009)

**PRESENTATIONS AND PUBLICATIONS**

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- **Peer Reviewer & Editorial Board Member, Osteopathic Family Physician**, the Official Peer-Reviewed Publication of the American College of Osteopathic Family Physicians, 2014-2023
- **“CBD & Cannabinoids for Pain Management: An Emerging Frontier”** 1 Hour CME Lecture presented at Michigan Osteopathic Association (MOA) Spring Scientific Assembly, May 17, 2019
- **“Living Water: An Osteopathic Approach to Lymphatic Conditions”** 2 Hour CME Osteopathic Workshop presented at Michigan Osteopathic Association (MOA) Spring Scientific Assembly, May 2018
- **“Beyond the Pill: Practical, Patient-Centered Myofascial Pain Management”** 1 Hour CME Lecture presented at Michigan Academy of Osteopathic Family Physicians (MAOFP) Mid-Winter Family Medicine Update, January 22, 2017
- **Engaging & Developing Student & Young Physician Leaders Panel Member and Speaker**, American Osteopathic Association Advocacy for Healthy Partnerships Conference, Tampa, FL, January 18, 2017
- **OMT Torticollis and Plagiocephaly**, Case presentation poster McLaren Oakland Poster Competition, June 2016
- **“Pain Management: A Topical Approach”** 1-Hour CME Lecture presented at Michigan Academy of Osteopathic Family Physicians (MAOFP) Mid-Winter Family Medicine Update, January 22, 2016,
- **Presenter**, New Mexico Osteopathic Medical Association 32<sup>nd</sup> Annual Balloon Fiesta Medical Symposium, October 6-8, 2012.
- **“The Role of Osteopathic Manipulative Treatment in Restoring Gait in a Spastic Child.”** Case presented at the 2011 Student American Academy of Osteopathy A. Hollis Wolf Medical Student Case Competition, 3<sup>rd</sup> place honors.

**PROFESSIONAL MEMBERSHIPS**

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- Michigan Osteopathic Association 2012 to Present
- American Osteopathic Association (AOA) 2008 to Present
- American College of Osteopathic Family Physicians (ACOFP) 2008 to Present
- Michigan College of Osteopathic Family Physicians 2012 to Present
- American College of Osteopathic Emergency Physicians (ACOEP) 2008 to 2022
- American Academy of Osteopathy (AAO) 2008 to Present
- Osteopathic Cranial Academy 2013 to Present
- American College of Emergency Physicians (ACEP) 2009 to 2017
- American Academy of Family Physicians (AAFP) 2008 to 2017
- American Medical Student Association (AMSA) 2009 to 2013

**MEDICAL AND PROFESSIONAL EXPERIENCE**

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- Still Waters Osteopathy Lake Orion, Lake Orion, MI December 2022 – Present  
**Owner / Founder/ Physician**
- Authority Health Family Medicine Residency, Detroit, MI July 2019 – January 2021  
**Family Medicine Residency Director**  
**Director of Osteopathic Education**
- Authority Health Family Medicine Residency, Detroit, MI August 2018 – July 2019  
**Family Medicine Continuity Clinic Preceptor**, OHCA Clinic Site
- Osteopathic Health Care Associates, Utica, MI October 2017 – July 2019  
**Employed Private Practice Physician**, Family Medicine and Osteopathic Manipulation
- McLaren Oakland Baldwin Family Medicine Residency Clinic, Pontiac, MI July 2017 – October 2018  
**Faculty Physician & Clinical Faculty**
- Ryan Christensen DO PLLC, Osteopathic Manipulative Medicine, Clarkston, MI August 2013 – Present  
**Owner/Physician**  
Started own part-time Osteopathic Manipulative Medicine practice focusing on holistic approach to wellness. Proficient in cranial osteopathy, holistic treatment of musculoskeletal pain, and integration of music & mindfulness into osteopathic treatment.
- DeGarA, PLLC Emergency Medicine Physician Group, Waterford, MI March 2016 – June 2017  
**Emergency Physician**

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Elizabeth Lake Urgent Care / Washington Urgent Care, Waterford, MI September 2014 – February 2016  
**Moonlighting Urgent Care Physician**  
Part-time coverage in private urgent care facilities seeing patients of all ages for urgent medical complaints.

Billings Clinic Emergency Department, Billings, MT June 2005 - February 2010  
**Patient Care Technician Level II / Unit Coordinator / Onboarding Trainer**  
Worked as a member of an interdisciplinary team of doctors, nurses, and other providers performing direct patient care in the ED and Level II trauma center. Provided community education & new employee onboarding for technicians and unit coordinators.

St. Olaf EMTs Volunteer First Response Service, Northfield, MN September 2003 - May 2007  
**EMT Coordinator**  
Supervised and revitalized volunteer service of up to 30 EMTs for daily on-call operations on the St. Olaf College campus. Extensive experience teaching and orienting EMT students, scheduling and organizing volunteers, and serving as a liaison to the college community.

Sweet Grass County Ambulance, Big Timber, MT January 2003 - January 2010  
**EMT-Basic**  
Volunteer EMT with local ambulance service responding to emergency calls in rural Montana.

Sweet Grass County Sheriff's Department, Big Timber, MT May 2003 - August 2004  
**Certified Emergency Medical Dispatcher**  
Responsible for 911 Public Safety Access Point in Sweet Grass County as well as police, fire, and ambulance dispatch. Served as sole contact to law enforcement for the county and was certified on NCIC crime computer system.

Calvin/Jodi Christensen Ranch, Big Timber, MT May 1999 - August 2003  
**Heavy Equipment Operator/Ranch Hand**  
Maintenance and heavy machinery operation including tractors, windrowers, and balers. Additional experience with veterinary health and livestock husbandry.

## HOBBIES & PERSONAL INTERESTS

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Increasing Personal Service and Access in healthcare, Osteopathic Manipulative Treatment, Health Policy, Resolution Writing  
Indoor Gardening, Music (vocal, piano, guitar, bass, ukulele), Technology, Travel, Concerts, Mind/Body Medicine  
Hometown: Big Timber, Montana

## REFERENCES

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Mary Goldman DO, M.Ed  
Osteopathic Family Physician; Former Program Director, Ascension Genesys Traditional Internship  
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Osteopathic Family Physician & 2018-2019 MAOFP President; Fellow OCOMA Board Member  
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